

NATIONAL POSTGRADUATE MEDICAL COLLEGE OF  
NIGERIA



CLINICAL PRACTICE RECORD BOOK (LOG BOOK)  
FOR PART I FMCFM RESIDENCY TRAINING

FACULTY OF FAMILY MEDICINE

APPROVED BY THE SENATE ON 3<sup>RD</sup> DECEMBER, 2020

A handwritten signature in red ink, appearing to read 'Dr. Owoidoho Udofia', is written over the printed name below.

DR OWOIDOHO UDOFIA, FMCPsych  
COLLEGE REGISTRAR

**NATIONAL POSTGRADUATE MEDICAL COLLEGE OF NIGERIA.  
FACULTY OF FAMILY MEDICINE.**

**CLINICAL PRACTICE RECORD BOOK  
(LOG BOOK)**

**FOR PART I FMC FM RESIDENCY TRAINING.**

**2020 EDITION.**



**Name:** .....

**AF No.:** .....

**Training Centre:** .....

**Candidate's Name:** .....

**AF/** .....

**NATIONAL POSTGRADUATE MEDICAL COLLEGE OF NIGERIA.  
FACULTY OF FAMILY MEDICINE.**

**CLINICAL PRACTICE RECORD BOOK (LOG BOOK) FOR PART I FMC FM RESIDENCY PROGRAMME. (2020 EDITION)**

**Instructions.**

1. This Clinical Practice Record Book (Clinical Log Book) is based on the 2020 revision of the Family Medicine Training Curriculum and Syllabus.
2. Carry the book with you on all clinical assignments, so that it can be kept up to date.
3. When cases have been managed, operations performed, procedures carried out, etc, enter the Hospital Number (In-patient or Out-patient No., as appropriate) in a space by the diagnosis. There is room for two patients per line.
4. When a sub-section has been filled, show it to your Supervisor. He or She will check your knowledge of, and competence in handling the type of cases in that sub-section; and, if satisfied, will sign you up in the extreme right-hand column.
5. If not entirely satisfied, the Supervisor will ask you to see additional cases, or have additional tutorials, then ask you to return for signing.
6. In certain subjects the dates of sessions or clinics will be entered, not the number of a patient.
7. Entries should be signed at regular intervals, rather than block signing at the end of the posting.
8. The Head of Department or Director of Training is expected to review the Log book with the Candidate at the end of every posting, to ensure satisfactory understanding of required procedures on the posting. Where the candidate appears defective on a particular posting, he may be required to extend the period of posting to ensure that the required competencies have been acquired.
9. The Log Book will be submitted to the National Postgraduate Medical College of Nigeria along with other required documents by candidates sitting Part 1 FMC FM examination.

**Candidate's Name:** .....

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<b>MEDICINE    FAM 921</b>	<b>HOSPITAL NUMBER</b>	<b>HOSPITAL NUMBER</b>	<b>TRAINER'S NAME &amp; SIGNATURE</b>
Lobar pneumonia			
Bronchopneumonia			
Lung abscess			
Acute bronchitis			
C.O.P.D.			
Asthma			
Pulmonary TB			
Extra-pulmonary TB			
TB with HIV			
U.R.T.I.			
Heart failure			
Hypertension			
Stroke (Cerebrovascular accident)			
E.C.G. recording/Interpretation			

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MEDICINE    FAM 921	HOSPITAL NUMBER	HOSPITAL NUMBER	TRAINER'S NAME & SIGNATURE
Anaemia			
Haemoglobinopathy (SS, SC)			
Uncomplicated malaria			
Severe malaria			
Hyper malaria splenomegaly syndrome			
Pyrexia of Undetermined Origin			
Meningitis			
Encephalitis			
Viral hepatitis			
Liver cirrhosis			
Liver abscess			
Hepatoma			
Hepatic failure			
Acid Peptic Disorders			

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MEDICINE    FAM 921	HOSPITAL NUMBER	HOSPITAL NUMBER	TRAINER'S NAME & SIGNATURE
Upper G.I.T. bleeding			
Amoebiasis			
Bacillary dysentery			
Food poisoning			
Cholera			
Typhoid			
Schistosomiasis			
Helminthiasis			
Dracontiasis			
Onchocerciasis			
Loaiasis			
Skin conditions: Vitiligo			
Psoriasis			
Scabies			
Tinea			
Impetigo			
Eczema & Exfoliative dermatitis			
Leprosy			
Chicken pox			

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<b>MEDICINE    FAM 921</b>	<b>HOSPITAL NUMBER</b>	<b>HOSPITAL NUMBER</b>	<b>TRAINER'S NAME &amp; SIGNATURE</b>
Herpes Zoster			
Peripheral neuritis			
U.T.I.			
Acute Renal Failure			
Chronic Renal Failure – Referral			
Acute glomerulonephritis			
Nephrotic syndrome			
Backache syndrome			
Arthropathies			
Tetanus			
Snake bite			
Dog bite & Rabies prophylaxis			
Human bite			
H.I.V.			
AIDS			
Other S.T.I.s			

Candidate's Name: .....

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MEDICINE    FAM 921	HOSPITAL NUMBER	HOSPITAL NUMBER	TRAINER'S NAME & SIGNATURE
Malignancies – Leukaemia			
Lymphoma			
Others			
Diabetes mellitus			
Diabetic ketoacidosis			
Thyroid disorders			
Terminal care			
Other Medical Conditions			

Candidate's Name: .....

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<b>CHILD HEALTH. FAM 922</b>	<b>HOSPITAL NUMBER</b>	<b>HOSPITAL NUMBER</b>	<b>TRAINER'S NAME &amp; SIGNATURE</b>
Nutrition – Feeding problems			
- Failure to thrive			
- Marasmus/Kwashiorkor			
Diarrhoeal disease			
- Mild-moderate dehydration			
- Severe dehydration			
Measles			
- With complications			
- Post-measles debility			
Pneumonia			
Brochiolitis			
Asthma			
Pertussis			
Tuberculosis			

Candidate's Name: .....

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CHILD HEALTH. FAM 922	HOSPITAL NUMBER	HOSPITAL NUMBER	TRAINER'S NAME & SIGNATURE
HIV			
AIDS			
Chicken pox			
Mumps			
Acute flaccid paralysis			
Other virus fever			
Uncomplicated malaria			
Severe malaria			
Meningitis/Encephalitis			
Epilepsy			
Tetanus neonatorum			
Skin sepsis/Abscess			
Prematurity			
I.U.G.R./Small-for-dates			

Candidate's Name: .....

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CHILD HEALTH. FAM 922	HOSPITAL NUMBER	HOSPITAL NUMBER	TRAINER'S NAME & SIGNATURE
Resuscitation of the newborn			
Congenital abnormalities			
Down's syndrome			
Haemoglobinopathies (SS, SC)			
Congenital heart disease			
Neonatal jaundice			
Exchange Blood Transfusion			
Cerebral palsy			
Acute glomerulonephritis			
Nephrotic syndrome			
Other conditions			

Candidate's Name: .....

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<b>SURGERY. FAM 923</b>	<b>HOSPITAL NUMBER</b>	<b>HOSPITAL NUMBER</b>	<b>TRAINER'S NAME &amp; SIGNATURE</b>
Hernia repair – Inguinal: <b>Assisted</b>			
<b>Performed</b>			
Femoral hernia: <b>Assisted</b>			
<b>Performed</b>			
Umbilical hernia: <b>Assisted</b>			
<b>Performed</b>			
Obstructed or Strangulated hernia: <b>Assisted</b>			
<b>Performed</b>			
Hydrocoelelectomy: <b>Assisted</b>			
<b>Performed</b>			
Appendicectomy: <b>Assisted</b>			
<b>Performed</b>			
Acute urine retention:			
- Suprapubic cystostomy <b>Assisted</b>			
<b>Performed</b>			
- Urethral dilatation <b>Assisted</b>			
<b>Performed</b>			
Male Circumcision <b>Assisted</b>			
<b>Performed</b>			
Post-circumcision bleeding – Male <b>Assisted</b>			

Candidate's Name: .....

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<b>SURGERY. FAM 923</b>	<b>HOSPITAL NUMBER</b>	<b>HOSPITAL NUMBER</b>	<b>TRAINER'S NAME &amp; SIGNATURE</b>
<b>Performed</b>			
Post-circumcision bleeding - Female <b>Assisted</b>			
<b>Performed</b>			
Lipoma excision <b>Assisted</b>			
<b>Performed</b>			
Ganglion excision <b>Assisted</b>			
<b>Performed</b>			
F.B. in tissues			
<b>"Medical operations."</b>			
Venous cut-down			
Chest tube insertion <b>Assisted</b>			
<b>Performed</b>			
Pleural aspiration			
Abdominal paracentesis			
Pericardial aspiration			
Biopsy of gland or tumour mass <b>Assisted</b>			
<b>Performed</b>			
Lacerations – Suture			
Debridement			
Strapping repair <b>Assisted</b>			

Candidate's Name: .....

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<b>SURGERY. FAM 923</b>	<b>HOSPITAL NUMBER</b>	<b>HOSPITAL NUMBER</b>	<b>TRAINER'S NAME &amp; SIGNATURE</b>
<b>Performed</b>			
Simple skin grafting <b>Assisted</b>			
<b>Performed</b>			
Care of burns – Open exposure			
- Closed dressing			
Dislocations – Jaw <b>Assisted</b>			
<b>Performed</b>			
- Shoulder <b>Assisted</b>			
<b>Performed</b>			
- Other			
Fractures – Clavicle <b>Assisted</b>			
<b>Performed</b>			
- Humerus (Shaft) <b>Assisted</b>			
<b>Performed</b>			
- Humerus (Supracondylar) <b>Assisted</b>			
<b>Performed</b>			
- Radius/Ulnar <b>Assisted</b>			
<b>Performed</b>			
- Colles <b>Assisted</b>			
<b>Performed</b>			
- Other upper limb fractures			
- Femur <b>Assisted</b>			

Candidate's Name: .....

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SURGERY. FAM 923	HOSPITAL NUMBER	HOSPITAL NUMBER	TRAINER'S NAME & SIGNATURE
Performed			
- Tibia/Fibula			
Assisted			
Performed			
- Pelvis			
Assisted			
Performed			
- Spine			
Assisted			
Performed			
- Other lower limb fractures			
Head injury			
Other Surgical Conditions			

Candidate's Name: .....

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<b>MATERNAL HEALTH &amp; GYNAECOLOGY. FAM 924</b>	<b>HOSPITAL NUMBER</b>	<b>HOSPITAL NUMBER</b>	<b>TRAINER'S NAME &amp; SIGNATURE</b>
Abortion – Threatened			
Inevitable			
Incomplete			
- Manual Vacuum Aspiration: <b>Assisted</b>			
<b>Performed</b>			
D. & C. <b>Assisted</b>			
<b>Performed</b>			
Pap smear			
Cervical cerclage <b>Assisted</b>			
<b>Performed</b>			
Family planning counselling			
I.U.C.D. insertion/removal <b>Assisted</b>			
<b>Performed</b>			
Contraceptive implants: insertion/removal			
<b>Assisted</b>			
<b>Performed</b>			
Tubal ligation <b>Assisted</b>			
<b>Performed</b>			

Candidate's Name: .....

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MATERNAL HEALTH & GYNAECOLOGY. FAM 924	HOSPITAL NUMBER	HOSPITAL NUMBER	TRAINER'S NAME & SIGNATURE
Vasectomy <b>Assisted</b>			
<b>Performed</b>			
Infertility – investigation & management			
Menopause – diagnosis & management			
Pelvic Inflammatory Disease			
Ectopic pregnancy – laparotomy <b>Assisted</b>			
<b>Performed</b>			
Antenatal care			
Pelvic assessment			
Pregnancy Induced Hypertension			

Candidate's Name: .....

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MATERNAL HEALTH & GYNAECOLOGY. FAM 924	HOSPITAL NUMBER	HOSPITAL NUMBER	TRAINER'S NAME & SIGNATURE
Pre-eclampsia			
Eclampsia			
<b>Medical Conditions in Pregnancy.</b>			
U.T.I.			
Anaemia			
Diabetes mellitus			
Malaria			
Other medical conditions			
Antepartum Haemorrhage			

Candidate's Name: .....

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MATERNAL HEALTH & GYNAECOLOGY. FAM 924	HOSPITAL NUMBER	HOSPITAL NUMBER	TRAINER'S NAME & SIGNATURE
Premature rupture of membranes			
Management of labour – Partograph			
Singleton delivery			
Multiple births			
Breech presentation – External cephalic version			
Breech delivery			
<b>Assisted</b>			
<b>Performed</b>			
Use of CTG			
Abnormal presentations			
Induction of labour			
Augmentation of labour			
Prolonged pregnancy			

Candidate's Name: .....

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<b>MATERNAL HEALTH &amp; GYNAECOLOGY. FAM 924</b>	<b>HOSPITAL NUMBER</b>	<b>HOSPITAL NUMBER</b>	<b>TRAINER'S NAME &amp; SIGNATURE</b>
Vacuum delivery <b>Assisted</b>			
<b>Performed</b>			
Forceps delivery <b>Assisted</b>			
<b>Performed</b>			
Postpartum Haemorrhage			
Repair of Perineal tear <b>Assisted</b>			
<b>Performed</b>			
Episiotomy / Repair <b>Assisted</b>			
<b>Performed</b>			
Caesarean section <b>Assisted</b>			
<b>Performed</b>			
Vaginal birth after C/S			
Ruptured uterus – managed or referred			
<b>Assisted</b>			
<b>Performed</b>			
Retained placenta			

Candidate's Name: .....

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MATERNAL HEALTH & GYNAECOLOGY. FAM 924	HOSPITAL NUMBER	HOSPITAL NUMBER	TRAINER'S NAME & SIGNATURE
Delivery of the dead fetus			
Sexual problems counselling			
HIV in pregnancy			
PMTCT of HIV			
Other Obstetrics/Gynaecologic procedures			

Candidate's Name: .....

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MENTAL HEALTH. FAM 925	HOSPITAL NUMBER	HOSPITAL NUMBER	TRAINER'S NAME & SIGNATURE
Anxiety States			
Conversion disorders			
Depression			
Other Neuroses			
Psychoses			
Mental deficiency			
Bereavement counselling			
Other conditions			

Candidate's Name: .....

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COMMUNITY HEALTH. FAM 926	DATE	DATE	Trainer's Name & Signature
Village clinic visits			
Antenatal clinics			
Immunization clinics or sessions			
Under fives clinic			
Nutrition clinics or demonstrations			
Other health education sessions			
Tutorial sessions with nurses & community health personnel.			

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E.N.T. FAM 928	HOSPITAL NUMBER	HOSPITAL NUMBER	TRAINER'S NAME & SIGNATURE
Foreign body in ear			
Foreign body in nose			
Foreign body in throat			
Rhinosinusitis			
Acute Otitis media			
Chronic suppurative otitis media			
Otitis externa			
Epistaxis			
Tracheostomy			
Deafness assessment			
Other ENT conditions			

Candidate's Name: .....

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E.N.T. FAM 928	HOSPITAL NUMBER	HOSPITAL NUMBER	TRAINER'S NAME & SIGNATURE

Candidate's Name: .....

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<b>EYE CARE. FAM 929</b>	<b>HOSPITAL NUMBER</b>	<b>HOSPITAL NUMBER</b>	<b>TRAINER'S NAME &amp; SIGNATURE</b>
Visual acuity testing <b>Observed</b>			
<b>Performed</b>			
Refractive error			
Conjunctivitis			
- Bacterial or viral			
- Allergic (Vernal)			
Trachoma			
Keratitis			
Iritis			
Ocular onchocerciasis			
Loa loa removal (if in endemic areas)			
Trauma to eye – Contusion			
- Corneal abrasion or ulcer			
- Perforating injury – First aid			
- F.B. in the eye – removal			

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<b>RADIOLOGY FAM 930</b>	<b>DATE</b>	<b>DATE</b>	<b>Trainer's Name &amp; Signature</b>
Sessions with a radiologist			
- Reading X-ray films			
- Reading CT scans			
Sessions with a radiographer on use of MXII or similar machine.			
Sessions with ultrasonographer			

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<b>ANAESTHESIA. FAM 930</b>	<b>HOSPITAL NUMBER</b>	<b>HOSPITAL NUMBER</b>	<b>TRAINER'S NAME &amp; SIGNATURE</b>
Local – Infiltration			
- Ring block: <b>Observed/Assisted</b>			
<b>Performed</b>			
- Closed vein technique <b>Observed/Assisted</b>			
<b>Performed</b>			
- Spinal <b>Observed/Assisted</b>			
<b>Performed</b>			
Dissociative (Ketamine) <b>Observed/Assisted</b>			
<b>Performed</b>			
Intravenous – Thiopentone (or Erontal)			
- Pethidine/Diazepam			
G.A. Inhalation			
Intubation <b>Observed/Assisted</b>			
<b>Performed</b>			
Cardiopulmonary resuscitation			
Other procedures			

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<b>PATHOLOGY/LABORATORY. FAM 931</b>	<b>DATE</b>	<b>DATE</b>	<b>Trainer's Name &amp; Signature</b>
Lab. tests – familiarization:			
PCV			
Hb			
WBC Total & Differential			
Blood film for malaria			
Blood film for anaemia – types of cells.			
Sickling			
HIV screening			
Stool microscopy			
Urine analysis/Urine microscopy			
C.S.F. analysis			

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PATHOLOGY/LABORATORY. FAM 931	DATE	DATE	Trainer's Name & Signature
Skin snip for mf of Onchocerciasis			
Skin scraping – M. leprae			
- for Fungi			
Sputum for AFB			
Gram stain smears – urethral, cervical, etc			
Other tests			
Blood bank – grouping & cross matching			
Tutorials on organization of blood bank			

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<b>ORAL HEALTH FAM 932</b>	<b>HOSPITAL NUMBER</b>	<b>HOSPITAL NUMBER</b>	<b>TRAINER'S NAME &amp; SIGNATURE</b>
<b>Management of the following conditions:</b>			
Dental caries			
Discoloured teeth			
Gingivitis, Periodontitis			
Dental abscess			
Malocclusion			
Dislocated temporomandibular joints			
Sialolithiasis			
Cancrum oris			
Mouth ulcers			
Halitosis			
Oral HIV/AIDS conditions			
Maxillofacial emergencies			

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ORAL HEALTH FAM 932	HOSPITAL NUMBER	HOSPITAL NUMBER	TRAINER'S NAME & SIGNATURE
Procedures observed/Performed			
Tooth extraction			
Removal of plaques			
Bracing			
Cavity filling			
Familiarization with dental equipment and instruments.			

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