

NATIONAL POSTGRADUATE MEDICAL COLLEGE OF NIGERIA



POSTGRADUATE DIPLOMA LOGBOOK FOR
OCCUPATIONAL AND ENVIRONMENTAL
HEALTH

FACULTY OF PUBLIC HEALTH AND COMMUNITY
MEDICINE

APPROVED BY THE SENATE ON 1ST DECEMBER,
2022

DR F. A. AROGUNDADE, MD FMCP
COLLEGE REGISTRAR



**FACULTY OF PUBLIC HEALTH AND COMMUNITY MEDICINE
NATIONAL POSTGRADUATE MEDICAL COLLEGE OF NIGERIA
(NPMCN)**

FIELD INTERNSHIP LOGBOOK
FOR POSTGRADUATE DIPLOMA

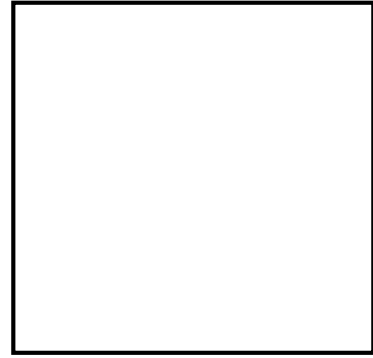
IN

OCCUPATIONAL AND ENVIRONMENTAL HEALTH

2022

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STUDENT INFORMATION



TRAINEE'S PASSPORT PHOTO

NAME:

SEX:

SESSION:

MATRICULATION NO:

COURSE OF STUDENT:

TELEPHONE:

E-MAIL ADDRESS:

1.0 INTRODUCTION

This logbook is a formative assessment of the fieldwork activities of students offering diploma program in occupational and environmental health. It concentrates only on those areas that the students' expertise is required at this stage of training. These include identification and control of workplace hazards, hazard risk assessment, environmental monitoring, control of environmental hazards, environmental impact assessment, etc. The duration of field posting will be a period of one week each for occupational health and environmental health. This logbook must be signed at the end of each posting by the supervising specialist/consultant.

2.0 OCCUPATIONAL HEALTH POSTING (ONE WEEK)

Skills/Competencies	Date	Type of exposure/skills acquired/occupational disease identified and managed	Grade	Supervisor's Name & Signature
1. Provision of common functions of occupational health services e.g. medical examinations (pre-employment, periodic, mandatory); Medical fitness examinations (pre-placement, return to work, pre-retirement), treatment of minor ailments, record keeping, counseling, health education on prevailing occupational health concerns, immunization, etc.				
2. Proficiency in use of monitoring devices e.g. peak flow meter, spirometer, air sampler, audiometer				
3. Management of common occupational diseases				
4. Develop SOPs of workplace infection prevention				
4. Screening of workers for hypertension, diabetes, asthma, anxiety states, occupational diseases, etc.				
5. Conduct workstation assessment. Conduct a workplace hazard risk assessment				

2.1 GENERAL ASSESSMENT

	A	B	C	D	E
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Punctuality					
History taking skill					
General dressing code					
Ability to work with minimal supervision					
Initiative					
Ability to work as a team					
Application of professional expertise and knowledge					
Attitude to work					
Sense of responsibility					

Explanatory Notes

Rating should be as follows

A = Very Good; B = Good; C = Average; D = Poor; E = Very Poor

3.0 ENVIRONMENTAL HEALTH POSTING (ONE WEEK)

Skills/Competencies	Date	Type of exposure/skills acquired/environmental	Grade	Supervisor's Name & Signature

		hazard disease identified and managed		
1.Participation in waste (refuse) management				
2.Participation in House (residential/office) inspection				
3.Participation in food/abattoir inspection				
4. Visit to work purification process. Measure water quality				

3.1 GENERAL ASSESSMENT

	A	B	C	D	E
Punctuality					
History taking skill					
General dressing code					
Ability to work with minimal supervision					
Initiative					
Ability to work as a team					
Application of professional expertise and knowledge					
Attitude to work					
Sense of responsibility					

Explanatory Notes

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