NATIONAL POSTGRADUATE MEDICAL COLLEGE OF NIGERIA



JUNIOR RESIDENCY LOGBOOK FOR SUBSPECIALTY OF CHEMICAL PATHOLOGY

FACULTY OF PATHOLOGY

APPROVED BY THE SENATE ON 1ST JUNE, 2023

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COLLEGE REGISTRAR



National Postgraduate Medical College of Nigeria (NPMCN)

FACULTY OF PATHOLOGY CHEMICAL PATHOLOGY

JUNIOR RESIDENCY TRAINING LOGBOOK

CONTENTS

PREFACE:

CHEMICAL PATHOLOGY RESIDENCY TRAINING

To specialize in Chemical Pathology, Trainees must undertake at least four years of training.

The objectives of the Chemical Pathology training are to produce individuals capable of managing high quality laboratories and of contributing effectively to the biochemical investigation and management of patients. Training is designed to attract Trainees and maintain their interest - particularly those with the potential to contribute to the advancement of Chemical Pathology.

When training is completed, Trainees will be expected to have a comprehensive knowledge of and skills in:

- Biochemistry, physiology, general and special pathology
- The biochemical basis of disease
- The application of results of laboratory tests to the investigation and management of patients, particularly those with biochemical problems
- Analytical techniques
- Efficient laboratory administration and management
- The functioning of health care services in Nigeria
- The investigation of clinical and laboratory problems

The chemical pathologist should be routinely involved in:

- The interpretation of laboratory-derived information on the basis of clinical findings
- Other investigations for the purpose(s) of establishing diagnoses
- Assisting prognoses, indicating management, monitoring treatment and/or detecting complications
- The Chemical Pathology examination process involves three parts Primary, Part I and Part II examinations.
- The **Primary Examination** is made up of the basic sciences and is usually taken before the commencement of the residency program. It is a pre-requisite for entering into the program.

• Part I Examination

• Trainees take the Part I examination in Chemical Pathology at the end of the second year of training. During the first two years of training, the trainee spends 3 months each rotating through the other pathology specialties (Medical Microbiology and Parasitology, Anatomical Pathology and Haematology/Blood Transfusion)

Grading:

- A. Well above expectation for stage of training (excellent) 80% and above
- B. Above expectation for stage of training (very good) -70 to 79%
- C. Meets expectation for stage of training (good) 60 to 69%
- D. Borderline for stage of training (average) 50 to 59%
- E. Below expectation for stage of training (below average) 40 to 49%

GENERAL CHEMICAL PATHOLOGY LABORATORY ACTIVITY

In this segment, the trainee will be introduced to the department, expected to understand the theoretical bases, observe, as well as perform some activities as applicable.

Activity			Junior Residency		
	Rotating		Core		
	Duration	Exposure needed/ Minimum No of Samples Handled	Duration	Exposure needed/ Minimum No of Samples Handled	
Introduction to workings of Chemical Pathology Department		Not applicable	Not applicable	Not applicable	
Laboratory Reception Workflow		20		40	
Sample/Specimen Collection		20		40	
Completed Result Management and Dispatch	2 weeks	20	4 weeks	40	
Emergency Laboratory Requests Handling		20		40	
Clinicopathological Review and Interpretation (General Tests)	12 weeks	40	52 weeks	210	
Clinicopathological Review and	12 weeks	10	52 weeks	30	

Interpretation		
(Specialized		
Tests/Hormones)		

1B. RECORDS OFGENERALCHEMICAL PATHOLOGY LABORATORY ACTIVITY

S/N	Date	Wet Practical Session	Grade	Observed/	Performed/	Supervising
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			or NA)			Signature
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NAME & SIGNATURE & DATE OF RESIDENCY TRAINING COORDINATOR
NAME, SIGNATURE & DATE OF HEAD OF DEPARTMENT

2. CHEMICAL PATHOLOGY SEMINAR PRESENTATIONS

The trainee is expected to attend as well as make seminar presentations that are to be graded and signed. Seminar attendance is to be captured into Departmental Log Sheets and appropriately signed by Departmental Residency Training Coordinator per seminar and the Head of Department.

SECTIONS		Junior Residency Senior Residency			Residency	
	Re	Rotating Core		Core		
	Attend	Presentation	Attend	Presentation	Attended	Presentation
Principles of Laboratory Medicine	2	1	20	6	10	4
Analytical Techniques and Instrumentation	2	1	20	6	10	4
Analytes	2	1	20	6	10	4

Molecular Diagnostics and Genetics	2	1	20	6	10	4
Pathophysiology	2	1	20	6	10	4

2 B. RECORDS OF CHEMICAL PATHOLOGY SEMINAR PRESENTED

S/N	Date	Wet Practical Session	Grade	Observed/	Performed/	Supervising
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NAME & SIGNATURE & DATE OF RESIDENCY TRAINING COORDINATOR	
NAME, SIGNATURE & DATE OF HEAD OF DEPARTMENT	•
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3.CHEMICAL PATHOLOGY WET PRACTICAL

Proficiency in developing Calibration	Junior Residency					
Cures	Rota	ating	Core			
	Observed	Performed	Observed	Performed		
One Step Endpoint assay Calibration Curve eg Glucose	2	2	5	5		
Two Steps Endpoint assay Calibration curves eg. Creatinine	2	1	5	5		
Kinetic Assay Calibration curve e.g. creatinine	2	1	5	4		
ELISA Based assay Calibration Curve.	1	1	5	3		

3B. RECORDS OF CHEMICAL PATHOLOGY WET CALIBRATION PRACTICAL SESSIONSPERFORMED

S/N	Date	Wet Practical Session	Grade (A – F, or NA)	Observed/ Attended	Performed/ Presented	Supervising Consultant's Signature
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4. C	4. CHEMICAL PATHOLOGY WET PRACTICAL							
A	ssays/Estimation	Jı	unior Resid	dency				
		Rotating		Core				

	Observed	Performed	Observed	Performed
Glucose	2	2	5	5
Creatinine	2	1	5	5
Urea	2	1	5	4
Calcium	1	1	5	2
Total Cholesterol	1	1	5	2
Triglycerides	NA	NA	5	2
HDL-Cholesterol	NA	NA	5	2
Uric Acid	NA	NA	5	2
Total Protein	NA	1	5	2
Albumin	NA	NA	5	2
Protein electrophoresis	NA	NA	5	NA
Enzyme Assays	NA	NA	5	NA
Immunoassay for Tumour Markers/Hormones	NA	NA	5	NA

4B. RECORDS OF CHEMICAL PATHOLOGY WET PRACTICAL SESSIONSPERFORMED

S/N	Date	Wet Practical Session	Grade	Observed/	Performed/	Supervising
			(A – F,	Attended	Presented	Consultant's
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NAME & SIGNATURE & DATE OF RESIDENCY TRAINING COORD	DINATOR

NAME, SIGN	ATURE & DAT	FE OF HEAD	OF DEPART	TMENT	

5. CHEMICAL PATHOLOGY LABORATORY BENCH WORK

Bench	Junior Residency				
	Rota	ating	Co	ore	
	Observed	Performed	Observed	Performed	
Glucose /OGTT/HBbA1C	4	4	10	10	
Electrolytes/Urea/Creatin ine	2	2	5	5	
Lipid profile	2	NA	5	5	
Liver enzymes/	2	NA	5	2	
Bilirubin	2	NA	5	2	
Cardiac biomarkers	2	NA	5	2	
CSF analysis	2	NA	5	2	
Hb Quantification	2	NA	5	2	
Dynamic Tests: OGTT.	1	NA	5	2	
Water Deprivation test,					
Dexamethasone Suppresion.Test. etc					

5B. RECORDS OF CHEMICAL PATHOLOGY LABORATORY BENCH WORK PERFORMED

S/N	Date	Wet Practical Session	Grade	Observed/	Performed/	Supervising
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6. CHEMICAL PATHOLOGY LABORATORY BENCH CALL

Bench	Junior Residency				
	Rota	ating	Co	ore	
	Observed	Performed	Observed	Performed	
Glucose /OGTT/HBbA1C	4	4	10	10	
Electrolytes/Urea/Creatin ine	2	2	5	5	
Lipid profile	2	NA	5	5	
Liver enzymes/	2	NA	5	2	
Bilirubin	2	NA	5	2	
Cardiac biomarkers	2	NA	5	2	
CSF analysis	2	NA	5	2	
Hb Quantification	2	NA	5	2	

6B. RECORDS OF CHEMICAL PATHOLOGY LABORATORY BENCH CALL PERFORMED

S/N	Date	Wet Practical Session	Grade	Observed/	Performed/	Supervising

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NAME & SIGNATURE & DATE OF RESIDENCY TRAINING COORDINATOR	
NAME, SIGNATURE & DATE OF HEAD OF DEPARTMENT	•••

7. CHEMICAL PATHOLOGY JOURNAL CLUB/ ARTICLE REVIEW/ CASE PRESENTATIONS

	Junior Residency						
	Rot	ating	Core				
	Observed	Presented	Observed	Presented			
Journal Club/Article Review	1	2	5	5			
Case Review and Presentation	1	1	5	5			

7B. RECORDS OF CHEMICAL PATHOLOGY JOURNAL CLUB/ ARTICLE REVIEW/ CASE PRESENTATIONS PERFORMED

S/N	Date	Wet Practical Session	Grade	Observed/	Performed/	Supervising
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NAN	NAME SIGNATURE & DATE OF HEAD OF DEPARTMENT								
1471	NAME, SIGNATURE & DATE OF HEAD OF DEPARTMENT								

$\textbf{8. CHEMICAL PATHOLOGY WEIGHT \& OBESITY/ NUTRITION (METABOLIC)} \\ \textbf{CLINIC ACTIVITY}$

		Junior Re	Senio	r Residency		
	Rotating Core			Core		
Attended		Consultation	Attended Consultation		Attended	Consultation
Metabolic Clinic	10	NA	20		NA	30

8B. RECORDS OF WEIGHT & OBESITY/ NUTRITION (METABOLIC) CLINIC ACTIVITYPERFORMED

S/N	Date	Wet Practical Session	Grade	Observed/	Performed/	Supervising
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NAME & SIGNATURE & DATE OF RESIDENCY TRAINING COORDINATOR
NAME, SIGNATURE & DATE OF HEAD OF DEPARTMENT

ASSESSMENT DURING OTHER PATHOLOGY SPECIALTIES ROTATIONS

ANATOMICAL PATHOLOGY ROTATION LOG SHEET

Module 1	Task/activity	Observed	Performed	ANAT
Surgical Pathology	Accession and surgical pathology reception procedures	30	20	OMIC AL PATH
	Surgical cut-up techniques for the various organs	30	20	OLO
	Principles of manual and automated tissue processing- embedding and Microtomy	2	2	GY ROT
	Staining of Tissue Sections	10	10	ATIO N
	Trouble shooting/Quality Control of tissue sections.(Detection of defects in H & E sections, correction of technical errors)	20	15	LOG SHEE T
	Principle and Use of histochemical techniques (Special stains) in diagnosis		1	
	Principles of Immunohistochemical Techniques and the use in diagnosis and clinical management	1	1	

Module 2	Task/activity
Autopsy	Gathering of clinical information from the case notes and results of radiological and laboratory

Pathology	Experience in performing general autopsies with full post-mortem report Autopsy Dissection Techniques and tidiness including appropriate use of instruments Autopsy/Organ demonstration complete Museum Techniques								
	Experience in performing general autopsies with full post-mortem report								
	Autopsy Dissection Techniques and tidiness including appropriate use of instruments								
	Autopsy/Organ demonstration complete								
	Museum Techniques								

Module 3	Task/activity	Observed/Exposure	Peri
Academic/Clinical Presentations	Postgraduate Seminar	8	
	Resident Seminars/Tutorials	45	
	(Breakfast meeting)		
	Slide seminars	8	
	Clinicopathological conference	3	
	Multidisciplinary Team meetings	5	
	Gross conference	8	
	Journal Club	8	
	Guest lecture	1	
	Autopsy review	15	
	Hospital grand round	1	
	Slide Club	3	

Introductory Laboratory Posting - Record of Accession/Surgical Pathology Reception Procedures (30 observed, 20 performed)

	Accession/ Reception Procedures (30 observed)										
Date	Lab Number	Remarks/Diagnosis	Assessor's Name & Signature		Date	Lab Number	Remarks/Dia				

Date	Number	Kemai Ks/Diagnosis	S	Name & lignature		Date	Number	Acinal RS/DE
Date	Lab	Remarks/Diagnosis	Accession/ Rece	eption Proc	cedu	res (20 perfo Date	rmed) Lab	Remarks/Di

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Introductory Laboratory Posting - Records of Surgical Cut-up Techniques for the various organs (30 observed, 20 performed)

			Cut-up Procedures	s (30	observed)		
Date	Lab Number	Remarks/Diagnosis	Assessor' s Name & Signature		Date	Lab Number	Remarks/Dia

Date	Lab Number	Remarks/Diagnosis	Assessor' s Name & Signature		Date	Lab Number	Remarks/Di
			Cut-up Procedure	s (20	performed)		

ab umber			Grade of perfor med tasks	Assessor 's Name & Signatur e		Date	Lab Num	lber	Remark	xs/Diagnosi	S	Grade of perfor med tasks	
		Manual	and automated	tissue proc	essing-emb	edd	ing and	micro	tom	y (2 obs	served)		
		Manual	and automated t	issue proce	essing-embe	ddi	ng and r	nicrot	omy	(2 per	formed)		
			Haematoxylin	/Eosin Sta	aining of Ti	ssue	e Section	s (10	obse	rved)			

	Haematoxylin/	Eosin Stai	ning of Tiss	ue l	Sections	(10 perfor	rmed)	
ble sho	oting/quality control of tissue sectio		ication of to logy) (20 ob			ects and d	etermination of corrective	measui

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ıble sho	 poting/quality control of tissue sect		ification of te logy) (15 per			fects and d	etermination of correctiv	ve measur
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ab umber	Remarks/Diagnosis	Grade of perfor med tasks	Assessor 's Name & Signatur e		Date	Lab Number	Remarks/Diagnosis	Grade of perfor med tasks
	Performance of histock	hemical tecl	hniques (spe	cial	stains)	in diagnos	is (1 observed)	
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	Performance of histocher	 nical techr	l niques (spec	ial s	stains) ii	l n diagnosis	s (1 performed)	
	Principle of Immunohistochemical	Technique	s and use in	dia	agnosis/ı	manageme	ent of patients (1 observed)	
E	valuation of Immunohistochemistry	Slides and	d the use in	dia	gnosis a	nd clinical	management (1 performe	d)

Introductory Laboratory Posting Records

Records of Autopsy - Gathering of clinical/premorbid information from the case notes/informants (including results of relevant clinical and laboratory investigations) (5 observed, 10 performed)

Gathering of clinical/premorbid information from the case notes/informants (including results of relevative investigations) (5 observed)

		mvestigations) (5 observed)
S/No.	PM No.	Cause of Death (fill in recommended WHO format)
1.		1a
		1b
		1c
		2
2.		1a
		1b
		1c
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3.		1a
		1b
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4.		1a
		1b
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5.		1a
		1b
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Gathering of clinical/premorbid information from the case notes/informants (including results of releva investigations) (10 performed)

mvestiSations) (10 periormea)				
S/No.	PM No.	Cause of Death (fill in recommended WHO format)		
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9.	1a
	1b
	1c
	2
10.	1a
	1b
	1c
	2

Grading: A-Excellent, B- Very good, C- Good, D-Fair, E-Poor

Records of Experience in performing general autopsies including good dissection techniques and appropriate use of instruments (5 observed, 2 performed)

	I	Experience in performing general autopsies including good dissection techniques (5 ob
S/No.	PM No.	Cause of Death (fill in recommended WHO format)
1.		1a
		1b
		1c

	2
2.	1a
	1b
	1c
	2
3.	1a
	1b
	1c
	2
4.	1a
	1b
	1c
	2
5.	1a
	1b
	1c
	2

Experience in performing general autopsies including good dissection techniques (20 performed)

PM No.	Cause of Death (fill in recommended WHO format)	Grade	Asso Nan Sigr
	1a		
	1b		
	1c		
	2		
	1a		

1b	
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2	

Grading: A-Excellent, B- Very good, C- Good, D-Fair, E-Poor

Experience in performing general autopsies including good dissection techniques (5 observed)

M No.	Cause of Death (fill in recommended WHO format)	Assessor's N Signature
	1a	
	1b	-
	1c	-
	2	-
	1a	
	1b	
	1c	
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	1a	
	1b	
	1c	
	2	
	1a	
	1b	
	1c	
	2	
	1a	
	1b	
	1c	

Records of Autopsy Dissection Techniques and tidiness including appropriate use of instruments (5 observed, 2 performed)

		Experience in performing general autopsies including good dissection techniques (20 p
S/No.	PM No.	Cause of Death (fill in recommended WHO format)
1. 1		1a
		1b
		1c
		2
2.		1a
		1b
		1c
		2

Grading: A-Excellent, B- Very good, C- Good, D-Fair, E-Poor

Records of Museum Techniques (Museum pot making) (1 observed, 0 performed)

S/No.	Surgical/Post Mortem No.	Description of potted organ with diagnosis
1.		
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		Grading: A-Excellent, B- Very good,	
		Records of Postgradua	te Seminar Presented (1 required)
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		Records of Postgradua	te Seminar Attended (8 required)
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S/No	Date	Topic	

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	l	Records of Resident's Seminar Attended (45 required)	
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	Records of Slide Seminars Presented (8 required)
Records of	f Slide Seminars Presented/Attended (8 observed, 8 presented)
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S/No	Date	Topic/Diagnosis/Description		G (fo pr to
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	•	Records of Slide	Seminars Attended(8required)	
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S/No	Date	Topic/Diagnosis/Description	Indicate Presented or Attended	Grad topic
		Records of Clinicopatholog	ical conference (3 observed, 0 perfor	rmed)
1.				

Topic/Diagnosis/Description

S/No

2.

3.

	Multidisciplinary Team	meetings (5 observed, 0 performed)
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	Gross conference	e (8 observed, 2 performed)
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	Journal Club	(8 observed, 2 performed)
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	Guest lecture (1 o	observed, 0 performed)
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	Autopsy review (15	5 observed, 2 performed)
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l	Hospital grand round	l (1 observed, 0 performed)
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	Slide Club (3 ob	oserved, 0 performed)

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FORM!	AL TEST	ASSESSMENT				
ACTIVITY DATE						
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Grade le	evel could	l be either Excellent - A, Good	- B, Average -C, Borderli	ine - D, Fail - E		
Chief re	sident na	me/sign/date		•••••		
Academ	Academic coordinator name/sign/date					
Head of	Departm	ent name/sign/date	•••••	•••••		
HOD R	HOD Remarks					

SCORE

HAEMATOLOGY ROTATION LOG SHEET

For residents in other specialties of Pathology rotating for 3 months in haematology, they will be expected to carry out the following activities as enumerated below with an understanding of the theoretical basis. The numbers stated below are the minimum numbers expected to be assessed for completion of the posting.

LIST OF PROCEDURES/ ACTIVITIES

S/N	SPECIFIC LABORATORY PROCEDURE	Observed
	Specimen reception and handling (10)	5
	Preparation &Staining of peripheral blood smears (20)	5
	Preparation & Staining of Bone marrow smears (20)	15
	Manual Leucocyte count (20)	14
	Manual platelet count (20)	14
	Automated full blood count (10)	5
	Identification and interpretation of haemoglobinopathy slides (10)	5
	ABO and RH grouping (15)	5
	Cross matching (4)	3
	Seminar presentation (3)	
	Case Presentation (5)	
	Haemaocrit estimation (20)	10
	Prothrombin time (8)	2
	Activated partial thromboplastin time (8)	2
	Bone marrow aspiration and Trephine biopsy (2)	1
	Erythrocyte Sedimentation rate (5)	3

Procedure/ Activity signing sheet

S/N	SPECIFIC LABORATORY PROCEDURE / ACTIVITY	GRADE	Observed/ Performed	D
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^{*} NA – Not Applicable. Grade level could be either Excellent - A, Good - B, Average -C, Borderline - D, Fail – ${\bf E}$

FORMAL TEST ASSESSMENT

A	CTIVITY				DATI	Ε			SCORE
PF	RE-TEST								
PO	OST TEST								
G	rade level co	uld be ei	ther Exc	ellent - A, Good	- B, A	verage -C, Bo	rderline	- D, F	ail - E
Cl	hief resident	name/sig	gn/date .		•••••		••••••	•••••	••••••
A	cademic coor	dinator	name/sig	gn/date	•••••	••••••	•••••	•••••	•••••
H	ead of Depar	tment na	ame/sign	/date	•••••				
]		n in Micr n to be ca L ASSES	obiology arried ou SSMENT					_	
					Tra	ninee level	•••••	•••••	
	ECIFIC LAE	BORATO	ORY PR	OCEDURE; TH	IN BL	OOD FILM -	- PREPA	RATI	ON, EXAMINATION
S/ N	PATH ID	DAT E	GRA DE	ASSESSORS NAME/ SIGNATURE/ DATE	S/ N	PATH ID	DAT E	GR AD E	ASSESSORS NAME/ SIGNATURE/DATE
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	L ECIFIC LAE PORTING	BORATO	ORY PR	OCEDURE; TH	ICK B	LOOD FILM	I - PREP	ARAI	TION, EXAMINATION

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	ECIFIC LABO PORTING	ORATO	ORY PRO	OCEDURE; URI	NE W	VET MOUNT -	- PREP	ARAT	TION, I	EXAMINATION
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S/ N	PATH ID	DAT E	GRA DE	ASSESSORS NAME/ SIGNATURE/ DATE	S/ N	PATH ID	DATE	GRADE	ASSESSORS N SIGNATURE/I
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SP	ECIFIC LAB	ORAT	DRY PR	OCEDURE; OT	HERS	S – SKIN SNI	PS, ECTO	PARASITI	ES
S/ N	PATH ID	DAT E	GRA DE	ASSESSORS NAME/ SIGNATURE/ DATE	S/ N	PATH ID	DATE	GRADE	ASSESSORS N SIGNATURE/D
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SP	L ECIFIC LAB	ORAT	ORY PR	OCEDURE; OT	HERS				
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CI	FIC LABOR	ATORY	PROCE	EDURE; URINE	MCS				
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CIFI	C LABORA	TORY	PRO	OCEDURE; BLOO	D M	CS								
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CIFI	C LABORA	 TORY	PRO	 	R SI	PEC	IMEN M	CS						
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mate	ed, Molecular	detecti	on/Sen	sitivity					
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Gra	ide level coul	u be em	ilei Exc	enent - A, Good -	D, A	rerage -C,	, Dorder iiii	: - D, Га	II — IL
CIFI	C LABORA'	TORY	PROCE	EDURE; OTHER					
	o En Lo Gran		11001	ore, orizin					
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				NATURE/DATE					NATURE/DA
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Gr	ade level cou	ld be eit	ther Ex	cellent - A, Good -	B, A	verage -C	C, Borderlin	ie - D, F	ail - E
	NA DENTICA A								
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DUR.	DURATION									
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	CLINICAL ACTIVITIES E.G. PRESENTATIONS/DATE									

Grade level could be either Excellent - A, Good - B, Average -C, Borderline - D, Fail - E

ACTIVITY	DATE	SCORE				
PRE-TEST						
POST TEST						
Grade level could be either	Excellent - A, Good - B,	Average -C, Borderline - D, Fail - E				
Head of Department name	/sign/date	•••••••••••••••••••••••••••••••••••••••				
HOD's Remarks						
••••••						